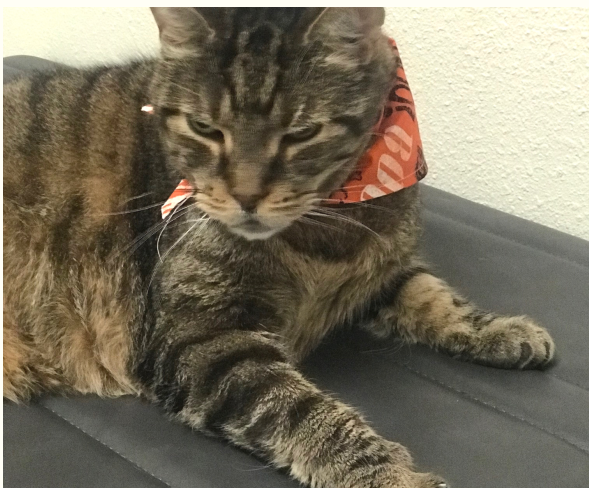


Monthly Newsletter January 2019



by Christy Leddy RVT, CCRA

New year, new resolutions right? We all make new years resolutions for ourselves whether it be family, work, or personal resolutions, But what about for our pets? Have you made a resolution to snuggle more, take more walks, or finally get that dental done that you've been putting off? What about a resolution for the health of your pet? Help our fur friends drop a few pounds, get in better shape, or move around a little bit more comfortably. This year at Zen Den, our resolution is to help you and your pet with whatever physical goal you may have, so that you can reach that goal.



The Honorary Office Manager

The majority of our friends that visit Zen Den regularly know Dollar. Dollar is our house cat aka stand in office manager. Dollars job here at Zen Den is to make sure that things are running smoothly and oversee our day to day operations. He is very good at his job, and also as a stand in cheerleader for our canine patients. Dollar came to AV Veterinary Center on Emergency several years ago. When his owners were unable to treat him, Dr. Sandhu took him on for \$1 and saved him. He moved into Zen Den when we opened in 2017.

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January is national walk your pet month

For those of you who don't already know, January is national walk your pet month. This is a great month for this, as most of us have made some fitness related resolution. What better way to kick off your fitness then to include our pooches in our walks and hikes.

Underwater Treadmill

For those cold January days when you can't seem to get Fido or Fifi out for their walk, we are here to help. Our underwater treadmills offer great exercise in an indoor and temperature regulated environment. Hydrotherapy is a great way to build muscles and stamina, while being easy on the joints. Even our senior dogs love to go on their water walks.

